

Here is a test to see if your work on the planet Earth has finished

I believe the Five Precepts are as relevant today as they were in 1915, when used by Usui to begin his teaching life, but it was in 1922, when he went to meditate on Mt Karama, that he personally *experienced* the life force he called Reiki. I think it's one of life's great paradoxes, that we spend so much time and energy attending courses, reading books, watching videos etc. trying to find our personal/spiritual path – when the 'kingdom of heaven' is within! At some point we realise, all those courses, books and videos can be just a distraction from the real inner work. Your regular daily practice progresses that deepening experience. And sometimes that's easier to say than to do; what a weird year 2017 has been! I sometimes felt my life and all the plans and preparations, were thrown up in the air, sifted and sorted, only to descend in new arrangements; and, as is often the case, when I ignored the changing realities, change was imposed. It all worked out OK - but so often, different to my plans and expectations.



Louise & Suzanne – last Accreditation ct's. Amy Brandon & Anna Damski contemplating life after their Reiki Master's Initiation.

In July 2017, I issued the last of my Nationally Accredited Reiki certificates. The re-accreditation fee had risen from \$1000 to \$9000! My appeals to both the WA Minister and Premier clearly demonstrating how little they understood or cared! After a year of Master Candidate training, both Amy and Anna were initiated as Reiki Masters, I expect they will be inspirational Masters and will make a great contribution to their Reiki communities. I wish them well.



On safari in Zimbabwe



Torla and the Ordesa Canyon, Spanish Pyrenees



Reiki class in Margaret River

Other personal highlights included going on safari in Hwange National Park, Zimbabwe, (Go Zim!), visiting family in the UK, trekking some of the GR11 in the Spanish Pyrenees and teaching many classes, including one in Margaret River.



Some of the great volunteers at Solaris-Cottesloe



The Annual Reiki Day - "Hallelujah choir"

Working with the volunteers at Solaris Cancer Care, Cottesloe, remains a delight, a committed group of practitioners providing an excellent community service. The 23rd Annual Reiki Day soared to new heights with a program that included singing Leonard Cohen's "Hallelujah", Meditation with Eric Harrison, and 'Emotional First Aid' with Sydel Weinstein. Next year - Number 24!

In her final newsletter for 2017, Phyllis wrote about the experience and impact of spending three months in Japan:

[http://myemail.constantcontact.com/News-from-the-OGM--Phyllis-Furumoto-and-Paul-](http://myemail.constantcontact.com/News-from-the-OGM--Phyllis-Furumoto-and-Paul-Mitchell.html?oid=1104749692591&aid=Bnd66poMjuA)

[Mitchell.html?oid=1104749692591&aid=Bnd66poMjuA](http://myemail.constantcontact.com/News-from-the-OGM--Phyllis-Furumoto-and-Paul-Mitchell.html?oid=1104749692591&aid=Bnd66poMjuA)

I found her, and Paul's comments, really interesting; let me encourage you to read those statements.

And what of 2018?

Once again I'm intending to create the best possible balance between my private and public life; trekking in Nepal in Apr, visiting Zimbabwe in Sept. I'll provide the following classes and will respond to requests for additional classes. If re-elected, I'll continue as chairman of the Reiki Association (WA) and participating in some of their volunteering activities.

Some 7 or 8 years ago, Phyllis discovered she had breast cancer, the possibility that she may die precipitated questions of who or what would be her successor? I don't think those question have been formally answered but there has been an apparent increase in the number of national and regional groups taking greater control of their own affairs.

Perhaps the biggest change to affect complementary practitioners in WA will be as a consequence of the WA government finally beginning the process of legislating the 'National Codes of Conduct'. First determined in 2008, they define the required conduct of complementary health practitioners in public practice. Practitioners who transgress these codes may be banned from continuing to practice in public. One significant omission in the proposed draft is the absence of any requirement for a person to belong to an appropriate association, if there is no assessment of the practitioner's training, qualifications or experience, then any person can claim to be any type of practitioner; this is not possible in other healthcare sectors, eg doctors, nurses etc.

These are some of the programs scheduled for 2018:

Reiki 1: Jan 13 & 14, Feb 17 & 18, Mar 10 & 11, May 19 & 20, June 23 & 24, Aug 4 & 5, Sept 8 & 9,
Nov 3 & 4 and Dec 8 & 9. *daily 9am to 4.30pm – class fee \$250**

Reiki 2: Jan 20 & 21, Mar 24 & 25, May 12 & 13, Jul 7 & 8, Sept 22 & 23 and Nov 17 & 18.
and Nov 17 & *1pm to 4.30pm Sat & 9am to 4.30pm Sun – class fee \$300**

(* \$25 discount for students & concession card holders)

Residential Retreat – a whole weekend of Reiki treatments and relaxation, plus stimulating activities.

Feb 9, 10 & 11; beachside villas at Shoalwater.

Cost \$150, limited places, pre-booking essential.

Flyer & Program available Jan, please contact to register your interest.

Reiki Day - The 24th Annual Reiki get-together, July 1st. Program and registrations available mid-May. Cost \$50.

Teachers' Gathering – Proposed Annual Masters' Gathering – July 29th.

Sharing Group - Solaris Cancer Care – Wanslea, Cottesloe - last Sat of each month: treatments from 12 noon, refreshments, then structured teaching or meeting session from 2.30 to 4pm.

Reiki Healing Line - This network of Reiki 2 practitioners sends Reiki to people in need. Please contact me for their assistance, or if you would like to participate by joining the line.
This is a great Reiki service.

Treatments – 1 hour treatments provided on request, cost \$50. A/H and weekend times may also be arranged.

Introductory Treatment Special – Give your friends a first experience of Reiki, 1 hour @ \$30.

Gift Vouchers – For classes or treatments - available on request.

Voluntary Reiki – Practitioners will be invited to participate in a number of events throughout the year.

This is a wonderful opportunity to contribute to a diverse range of people and organisations. Email updates will advise prospective events and opportunities.

Thank you for your referrals, recommendations and postings on social media, this supports me in my practice and teaching.

Finally, should you require any assistance with your practice, please contact me.

With love and great respect,

Roger

..... if you're still here it hasn't!"